

## MEMBER APPRECIATION EVENT & ANNUAL MEETING A SUCCESS!

The 86th Annual Meeting of the Members of Calhoun County Electric Cooperative was held in conjunction with a Member Appreciation Event on September 14, 2022.

The event was held from 5:00 – 6:30 p.m. at the Calhoun County Electric Cooperative office in Rockwell City. A short business meeting began at 6:30 p.m. for those interested.

Members were greeted by employees and directors. A pork sandwich meal was served and members received a meat thermometer for attending. Members could stay and eat their meal or take it to-go. Members also could take part in a bucket ride with a lineman and enjoyed Strawberry-Banana smoothies from Stay Grounded Caffe.

Prior to the annual meeting, each member was mailed an Annual Report, which can also be viewed online at [www.calhounrec.coop](http://www.calhounrec.coop).

One of the primary pieces of the Annual Meeting is the Board elections. This year, members in Districts 4 and 6 could vote by mail-in ballot or by bringing their ballot to the meeting. Darcy Maulsby (District 4) and Joe Parker (District 6) were elected to serve a three-year term on the Board of Directors.

Thank you to LaVerne Arndt and Scott Hicks for serving on the Board of Directors.

Thank you to all members who participated in the democratic process of your annual meeting.



**NEW**  
Office Hours  
8:00 AM–4:00 PM

**Annual Meeting Recap**  
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5 Year Anniversary

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Find the answers within the newsletter for a chance to win a bill credit

Calhoun County Electric Cooperative Association  
Rockwell City, IA 50579  
(712) 297-7112 • (800) 821-4879  
[www.calhounrec.coop](http://www.calhounrec.coop)

# Morse Retiring After 16 Years



Lori Morse began her employment with Calhoun County Electric Cooperative on July 17, 2006, as Billing Supervisor. Her last day will be October 18. She looks forward to spending time with family, especially her grandson, Hank!

Thank you to Lori for her 16 years of service and dedication to the cooperative. We wish her the very best in retirement.



*Congratulations, Lori!*



Charlotte True began employment with the cooperative on September 26th and will be fulfilling billing duties with Lori's retirement in October, while also training for the accountant's role. Watch the November newsletter for more information on Charlotte!

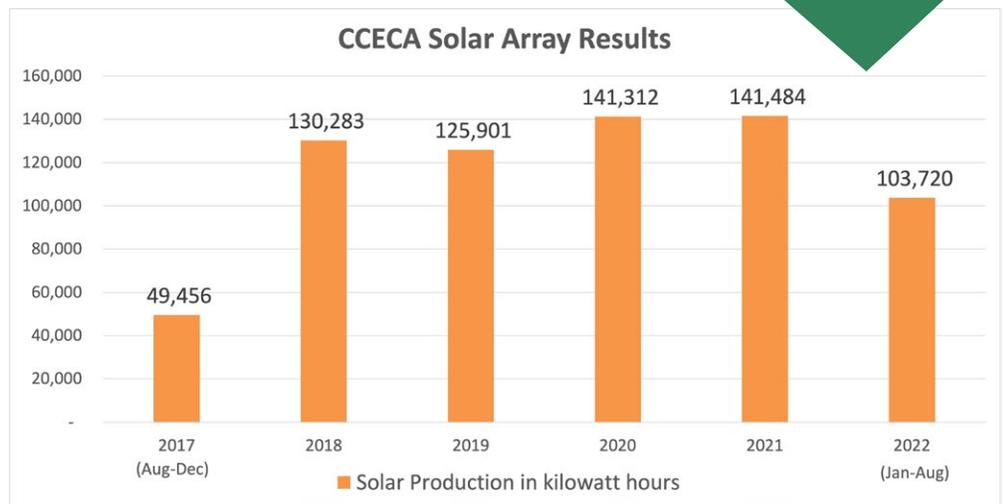
# SOLAR PRODUCTION



**Richard Hall**  
Member Services Representative

Calhoun County Electric Cooperative Association celebrated its Solar Demonstration project 5-year anniversary on August 2, 2022. Calhoun County ECA's solar project became interconnected on August 2,

2017 and is installed at our headquarters located in Rockwell City. This solar array is a 76 kW AC system. Our purpose for doing this demonstration project was to learn more about how solar generation performs and how generation times compare to our peak usage times for our members. For the past 5 years, our solar array has produced approximately 692,156 kWhs. So far, 2022 has been the best year for solar production with 103,720 kWhs



being produced from January 1 to August 31. More of our members have been contacted by renewable vendors and have considered installing a system of their own. If you are considering installing a renewable system please give us a call and we will help answer any questions you may have as well as share information from our demonstration project. You can call our office at 712-297-7112.



**WANTED:**  
Rural Iowa  
high school  
students  
who have a  
passion for  
leadership

Attend our webinar  
series in October  
for a chance to win  
Apple AirPods and  
a \$1,000 college  
scholarship! Learn more  
at [IowaYouthTour.com](http://IowaYouthTour.com)



## Energy Efficiency Tip of the Month



Is your home heating system ready for the winter chill? One of the easiest ways to keep your system running efficiently is to regularly replace filters. If your central air system has a furnace filter, it should be replaced about every 90 days.

If your home is heated through warm-air registers, baseboard heaters or radiators, remember to clean them regularly to boost efficiency.

Source: [energy.gov](http://energy.gov)



## GROUND BEEF STROGANOFF

### INGREDIENTS:

- 1 TB Olive Oil
- 1 lb ground beef
- ½ onion, diced
- 1 lb mushrooms, sliced
- 1 TB minced garlic
- 3 TB all-purpose flour
- 1 cup beef broth
- 1 cup heavy cream
- 3 TB Worcestershire sauce
- ½ cup sour cream
- ½ tsp salt
- ½ tsp pepper

### DIRECTIONS:

1. In a large cast iron or regular skillet, drizzle the oil and turn heat to medium high. Add ground beef and cook until browned. Add the diced onion and garlic. Stir and cook for another 3 minutes.
2. Add the mushrooms to the skillet and stir together then sauté for 5 minutes until mushrooms get soft.
3. Add the flour to the beef mixture and stir together. Add the beef broth, heavy cream, Worcestershire, salt and pepper. Stir together and turn heat to low. Simmer for another 5-7 minutes until mixture gets thicker.
4. Remove from heat and stir in the sour cream.
5. Serve over egg noodles or rice.

# Take advantage of LIHEAP to help with heating bills

The 2022-2023 Low-income Home Energy Assistance Program (LIHEAP) has been established to help qualifying low-income Iowa homeowners and renters pay for a portion of their primary heating cost for the winter heating season. The assistance is based on household income, household size, type of fuel, and type of housing. If you are not sure where to apply, please visit <https://humanrights.iowa.gov/dcaa/shere-apply> to contact your local community action agency, Dial 2-1-1, or write to: **LIHEAP, Iowa Dept. of Human Rights, Capital Complex, Des Moines, IA 50319**

Where to apply for temporary financial assistance:

**Family Development Center New Opportunities**  
334 Richmond St.  
Rockwell City, IA 50579

### WHEN TO APPLY:

- **Elderly (60 & over) and/or disabled:**  
October 1, 2022 to April 30, 2023
- **All other households:**  
November 1, 2022 to April 30, 2023

### WHAT TO TAKE:

- **Proof of Income** (for all household members age 19 and over) Depending upon your household income type, income documentation from the past 30 days, the last 12 months, or last calendar year, whichever is easier or more beneficial for you.
- **Proof of Social Security Numbers for ALL household members** (documentation required)
- **Most recent heat bill**
- **Most recent electric bill**

## Income Maximums

Household Size	Annual Gross Income
1	\$27,180
2	\$36,620
3	\$46,060
4	\$55,500
5	\$64,940
6	\$74,380
7	\$83,820
8	\$93,260

*For family units with more than eight members, add \$9,440 for each additional member.*

### WAGE EARNERS:

Please bring copies of your check stubs for the 30-day period preceding the date of application, or a copy of your most recent federal income tax return.

### FIXED INCOME:

This income may include: Social Security Benefits, Supplemental Security Income, Veteran's Assistance, Unemployment Insurance, and pensions. Please bring copies of your check stubs from the previous 30 days.

### SELF-EMPLOYED/FARMERS:

Please bring a copy of your most recent federal income tax return.

**If you receive alimony or child support, it will also need to be verified. Additional income not listed here may be required.**

## Reach Us

### OFFICE HOURS:

8 a.m. to 4:00 p.m.  
(Mon-Fri)

Contact 24/7 with the following numbers:

**General Phone:**  
(712) 297-7112

**Toll Free:**  
(800) 821-4879

**Fax:**  
(712) 297-7211

**Visit us online:**  
[www.calhounrec.coop](http://www.calhounrec.coop)

**Email:**  
[info@calhounrec.coop](mailto:info@calhounrec.coop)

### DIRECTORS:

Jim Miller, President – Fonda

Steve Boedecker,  
Vice President – Rockwell City

Jason McKenney,  
Secretary – Somers

Ron Hanson,  
Treasurer – Pomeroy

Duane Beschorner – Lohrville

Darcy Maulsby – Lake City

Joe Parker – Lohrville

Keaton Hildreth, CEO



Know what's below.  
Call before you dig.

**IOWA ONE-CALL  
AT 811 OR  
(800) 292-8989  
BEFORE YOU DIG**

### EASY WAYS TO PAY BILL:

**Online:** Access through [www.calhounrec.coop](http://www.calhounrec.coop) and pay online 24/7.

**Auto Bill Pay (ACH):** Deduct from your bank account. Find the form on our website or stop by the office.

**Phone:** Call the office and make a payment over the phone with a card or checking account.

**Outside Drop Box/  
Front Corner:**  
Rockwell City, IA

**U.S. Postal Mail**

This institution is an equal opportunity provider and employer.

# October Member Challenge

1. What does LIHEAP stand for? \_\_\_\_\_
2. What gift was handed out at the Member Appreciation Event? \_\_\_\_\_
3. One of the easiest ways to keep your heating system running efficiently is to regularly replace \_\_\_\_\_.

Name \_\_\_\_\_



Find the answers within the stories, features, and content of this newsletter and you could win a prize. Send your answer to [kwiederin@calhounrec.coop](mailto:kwiederin@calhounrec.coop), clip and mail to: **Calhoun County Electric Cooperative, PO Box 312, Rockwell City, IA 50579** or submit on our website: [www.calhounrec.coop](http://www.calhounrec.coop). You may mail your entry along with your electric bill payment, but remember there is a deadline! Entries for this issue **must be received by November 1st**. Three names will be drawn from all correct entries. Members will receive a \$10 credit on their account. Members who answer the questions correctly and participate at least three times throughout the year will be eligible for a \$100 bill credit, through a random drawing, at the end of the year.

*Congratulations to the August member challenge winners:  
Delbert & Sharon Egli, Steve & Bixi Hanson and Louis Stauter*