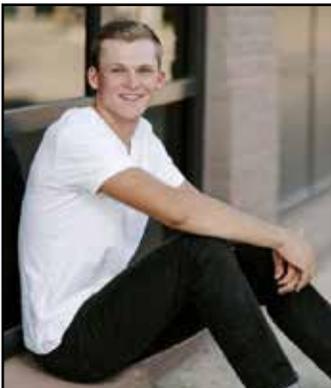


Congratulations to the winners of our Calhoun County Electric Cooperative Scholarships!

\$1,000



Kortney Riley, is the daughter of Doug & Barb Riley. Kortney is a senior at South Central Calhoun. She plans on attending the University of Iowa in Iowa City.



Corey Hicks, is the son of Scott & Julie Hicks and the late Amy Steinkamp. Corey is a senior at South Central Calhoun. He plans on attending William Penn University in Oskaloosa.



Shelby Bergquist, is the daughter of Brent & Dana Bergquist. Shelby is a senior at South Central Calhoun. She plans on attending Iowa Central Community College in Fort Dodge.

\$500

Morgan Vogel, is the daughter of Mike & Kristy Vogel. Morgan is a senior at South Central Calhoun. She plans on attending DMACC in Ankeny.



Logan Carver, is the son of Brian & Missy Carver. Logan is a senior at South Central Calhoun. He plans on attending Iowa State University in Ames.



Dane Johnson, is the son of Curtis & Stacy Johnson. Dane is a senior at Pocahontas Area. He plans on attending Grandview University in Des Moines.



Scholarship Winners

Front

Congratulations to these 6 students!

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Contest now open

4th of July

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Happy Father's Day

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Say hello to our awesome group of dads!

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Submit your answers!

Calhoun County Electric Cooperative is pleased to announce the winners of the 2021 CCECA Scholarships. We would like to thank everyone who applied for a scholarship and congratulate those who were selected this year.

Our scholarship program supports two of our cooperative principles: Education, Training and Information and Concern for Community. As part of the scholarship application, students were asked to explain how CCECA makes an impact on the local community.

To Appoint Nominating Committee

Excerpts from bylaws

The following is the process involved in the nomination of Calhoun County Electric Cooperative members for election to the Board of Directors. Two directors will be elected at the 85th Annual Meeting which will be held on September 1, 2021. Section 3. It shall be the duty of the Board to appoint, not less than 40 nor more than 90 days before the date of a meeting of the members at which directors are to be elected, a committee on nominations, consisting of three members from each district from which a director is elected. No members of the Board may serve on such committee.

The committee shall prepare and post at the principal office of the Cooperative at least 30 days before the meeting, a list of those candidates nominated from each district from which a director is to be elected. **The committee is encouraged, but not required, to nominate at least two candidates for each director to be elected.** Any fifteen (15) or more members from a district from which a Director is to be elected, acting together, may make other nominations for Director from their district by petition not less than 20 days prior to the meeting and the Secretary shall post such nominations at the same place where the list of nominations made by the committee is posted. If you are interested in serving on the nominating committee in your district, please call Keaton Hildreth, CEO, at 712-297-7112.



Recipe of the Month

Chicken Roll Ups

- 4 chicken breasts or 1 Rotisserie Chicken (cooked and shredded)
- 2 packages refrigerated crescent rolls
- 1 (8 ounce) package cream cheese (softened)
- 1-2 Tablespoons chopped onion (optional)
- 1/2 cup fresh mushrooms
- 1 cup fresh spinach

1. Mix together cooked chicken, softened cream cheese, onion, mushrooms and spinach.
2. Roll out your crescents triangles, place a heaping spoonful of chicken mixture on wide-end of crescent and roll it up.
3. Place on large cookie sheet. Bake at 350 degrees for 12-14 minutes or until the rolls start to turn golden brown.
4. Remove from oven and serve immediately.



Nominate a Local Volunteer by June 30!

Do you know someone in our community who deserves to be recognized for making a difference? Nominate them for our Shine the Light contest by June 30 and they could win \$1,500 for their local charity or nonprofit.

“We’re really excited to participate in this statewide effort to celebrate our cooperative commitment to community,” remarked Keaton Hildreth, CEO. “There are many volunteers throughout our service area who deserve to be recognized.”

Sponsored by the Touchstone Energy Cooperatives of Iowa, this new contest celebrates the people who make our communities better. Three winners will be announced during the Iowa State Fair in August and each will receive a \$1,500 donation for their charity or nonprofit. The winners will also be featured in the September issue of *Living with Energy in Iowa* magazine.



How to Nominate

Member-consumers and employees of Iowa’s electric cooperatives are eligible to nominate local volunteers. If you receive electricity from Calhoun County Electric Cooperative, you’re a co-op member-consumer and we encourage you to nominate someone who is making a positive impact in the community. The volunteer being nominated does not need to be a co-op member-consumer. Minors may be nominated with consent from their parents or legal guardians.

Go to www.IowaShineTheLight.com by June 30 to make a nomination and to review the contest rules. Nominators will need to provide contact information and answer this question in 500 words or less: How has your nominee made a positive difference in the community and why do they deserve to be recognized? A panel of judges will review all contest entries and we’ll announce the three winners during the Iowa State Fair in August.

Help us shine the light on community volunteers; make a nomination by June 30!

happy FATHER'S day



Bret McAlister, Line Superintendent



Doug LeMonds, Lead Lineman



Keaton Hildreth, CEO



Jared Kuhlert, 1st Class Lineman



Chad Krukow, 1st Class Lineman



Ben Wiederin, 1st Class Lineman

Not Pictured: Rob Peterson, Accountant

LOVE THE OUTDOORS? BE SAFE OUT THERE

2/3 of lightning fatalities are associated with outdoor recreational activities.

Pay attention to weather forecasts **before you go canoeing or boating**. Get off the open water as soon as you hear thunder.

Do not use generators in enclosed areas. The same goes for grills, camping stoves or other small appliances that produce carbon monoxide.

Look up for power lines while fishing or sailing.
FACT: Fishing is the most common outdoor activity associated with lightning-related deaths.

Going for a hike? If you hear thunder or see lightning, **do not seek shelter under a tree.**

Tent camping? Plan ahead, seek shelter in a hard-top vehicle or four-sided building during a storm or at the first sight of lightning.

For more information, visit: [SafeElectricity.org](https://www.SafeElectricity.org)

Suds and Savings

10 ways to save energy in the laundry room

By Richard Hall

Your clothes washer and dryer account for a significant portion of energy consumption from major appliances, and let's face it—laundry is no one's favorite chore. Make the most of your laundry energy use! There are several easy ways you can save energy (and money) in the laundry room. The Department of Energy recommends the following tips for saving on suds:



1. **Wash with cold water.** Switching from warm water to cold water can cut one load's energy use by more than half, and by using a cold-water detergent, you can still achieve that brilliant clean you'd normally get from washing in warm water.
2. **Wash full loads when possible.** Your washing machine will use the same amount of energy no matter the size of the clothes load, so fill it up if you can.
3. **Use the high-speed or extended spin cycle in the washer.** This setting will remove more moisture before drying, reducing your drying time and the extra wear on clothing.
4. **Dry heavier cottons separately.** Loads will dry faster and more evenly if you separate heavier cottons like linens and towels from your lightweight clothing.
5. **Make use of the "cool down" cycle.** If your dryer has this cycle option, you can save energy because the clothes will finish drying with the remaining heat in the dryer.
6. **Use lower heat settings to dry clothing.** Regardless of drying time, you'll still use less energy.
7. **Use dryer balls.** Dryer balls, usually wool or rubber, will help keep clothes separated for faster drying, and they can help reduce static, so you can eliminate dryer sheets.
8. **Switch loads while the dryer is warm.** This allows you to take advantage of the remaining heat from the previous cycle.
9. **Clean the lint filter after each drying cycle.** If you use dryer sheets, remember to scrub the filter once a month with a toothbrush to remove excess buildup.
10. **Purchase ENERGY STAR®-rated washers and dryers.** When it's time to purchase a new washer or dryer, look for the ENERGY STAR® label. New washers and dryers that receive the ENERGY STAR® rating use about 20% less energy than conventional models.

Member Challenge...



1. What is the deadline for nominating a Shine the Light volunteer? _____
2. The annual meeting will be held on September _____, 2021.
3. ___/3's of lightning fatalities are associated with outdoor recreational activities.

Name _____

Find the answers within the stories, features, and content of this newsletter and you could win a prize. Send your answer to kwiederin@calhounrec.coop, clip and mail to: Calhoun County Electric Cooperative, PO Box 312, Rockwell City, IA 50579 or submit on our website: www.calhounrec.coop. You may mail your entry along with your electric bill payment, but remember there is a deadline! Entries for this issue must be received by July 1. Three names will be drawn from all correct entries. Members will receive a \$10 credit on their account. Members who answer the questions correctly and participate at least three times throughout the year will be eligible for a \$100 bill credit, through a random drawing, at the end of the year.

Congratulations to April's member challenge winners:

Courtnei McLaughlin, Michael & Jennifer Reutzel and Doug Kruchter

Reach Us

OFFICE HOURS:

8 a.m. to 4:30 p.m.
(Mon-Fri)

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(800) 821-4879

Fax:

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info@calhounrec.coop

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Steve Boedecker - Rockwell City

Scott Hicks - Lake City

Keaton Hildreth, CEO



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